

THE UNIVERSITY SPORTS WEEK SCHEDULE.

Date	Sport	Activity	Time	Venue	Responsible person
Day 1 25/01/2021	Swimming Clinic	Training on Rules and basic skills in swimming	15:30-18:00	Swimming pool	CoET, CoNAS, SoED, IDS& AUXILLIARY POLICE. (Group sessions)
	Gymnastic Clinic	Physical Fitness Exercises (Weight Lifting and Aerobic Dance)	15:30-18:00	GYM	UDBS, CoSS, UDSoL, CoHU. (Group session)
	Basketball Clinic	Training on Rules and basic skills in Basketball	15:30-18:00	Basketball Court	Students & Staff (Group session)
	Netball Clinic	Training on Rules and basic skills in Netball	15:30-18:00	Netball Court	Students & Staff (Group session)
	Football Clinic	Training on Rules and basic skills in Soccer	15:30-18:00	Football pitch	Students & Staff (Group session)
	Volleyball Clinic	Training on Rules and basic skills in Volleyball	15:30-18:00	Volleyball court	Students & Staff
	Tradition Games		15:30-18:00		Students & Staff

Date	Sport	Activity	Time	Venue	Responsible person
Day 2 26/01/2021	Swimming Clinic	Training on Rules and basic skills in swimming	15:30-18:00	Swimming pool	CoICT, SJMC, IKS, CoAF, & LIBRARY. (Group session)
	Gymnastic Clinic	Physical Fitness Exercises (Weight Lifting and Aerobic Dance)	15:30-18:00	GYM	COET, CoNAS, SoED, IDS, & IRA. AUXILLIARY POLICE. (Group session)
	Basketball Clinic	Training on Rules and basic skills in Basketball	15:30-18:00	Basketball Court	Students & Staff
	Netball Clinic	Training on Rules and basic skills in Netball	15:30-18:00	Netball Court	Students & Staff
	Football Clinic	Training on Rules and basic skills in Soccer	15:30-18:00	Football pitch	Students & Staff

	Volleyball Clinic	Training on Rules and basic skills in Volleyball	15:30-18:00	Volleyball court	Students & Staff
	Tradition Games		15:30-18:00		Students & Staff

Date	Sport	Activity	Time	Venue	Responsible person
Day 3 27/01/2021	Swimming	Training on Rules and basic skills in swimming	15:30-18:00	Swimming pool	UDBS, CoSS, UDSOL, CoHU& IRA. (Group session)
	Gymnastic	Physical Fitness Exercises (Weight Lifting and Aerobic Dance)	15:30-18:00	GYM	CoICT, SJMC, IKS, CoAF, & LIBRARY, & IRA. AUXILLIARY POLICE. (Group session)
	Basketball	University Teams Students & Staff Competition	15:30-18:00	Basketball Court	Students & Staff
	Netball		15:30-18:00	Netball Court	Students & Staff
	Football		15:30-18:00	Football pitch	Students & Staff
	Volleyball		15:30-18:00	Volleyball court	Students & Staff
	Tradition Games		15:30-18:00		Students & Staff

Date	Sport	Activity	Time	Venue	Responsible person
Day 4 28/01/2021	Swimming Clinic	Training on Rules and basic skills in swimming	15:30-18:00	Swimming pool	CoET, CoNAS, SoED, IDS & IKS (Group sessions)

	Gymnastic Clinic	Physical Fitness Exercises (Weight Lifting and Aerobic Dance)	15:30-18:00	GYM	UDBS, CoSS, UDSoL, CoHU. (Group session)
	Basketball Clinic	Training on Rules and basic skills in Basketball	15:30-18:00	Basketball Court	Students & Staff (Group session)
	Netball Clinic	Training on Rules and basic skills in Netball	15:30-18:00	Netball Court	Students & Staff (Group session)
	Football Clinic	Training on Rules and basic skills in Soccer	15:30-18:00	Football pitch	Students vs Staff (Group session)
	Volleyball	Training on Rules and basic skills in Volleyball	15:30-18:00	Volleyball court	Students & Staff (Group session)
	Tradition Games				Students vs Staff (Group session)

Date	Sport	Activity	Times	Venue	Responsible
Day 5 29/01/2021	<ul style="list-style-type: none"> ➤ Basketball ➤ Volleyball ➤ Netball ➤ Football ➤ Swimming ➤ Aerobic Dance ➤ Sack race ➤ Athletics 	BONANZA	15:00 – 18:00	Mwl.Nyerere campus play Grounds	Mwl. Nyerere campus, DUCE MUCE

NB: Physical Fitness examination will be carried on from 25-29/01/2021 at physical education Department block, Gymnastic and swimming will be for free.